Tackling Loneliness & Social Isolation Workshop

Are you struggling with loneliness during this time of social distancing? Connection with others can positively impact mental health. Come to this workshop and learn strategies for creating meaningful relationships with others!

3.2.21, 12pm-1pm

Live on Microsoft Teams- Link Here!

To ask questions about accessibility or request accommodations, please email sccworkshops@utdallas.edu.