Building Relationship Intimacy and Dialogue Effectiveness (BRIDGE) is a 3-week workshop hosted by the SCC that teaches ways to create thriving relationships. Attendees will learn:

- ways to better understand your needs and boundaries in relationships
- strategies to effectively communicate with others
- common sources of conflict and useful conflict management skills.

Offered monthly, visit our website for upcoming dates!

To ask questions about accessibility or request accommodations, please email sccworkshops@utdallas.edu.